

A publication of Crossville Seventh-day Adventist Church

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Mended Hearts

While my husband was in Cookeville Regional Medical Center having an aortic valve replacement last July, a volunteer from Chapter 127 of Mended Hearts, a 501(c)(3) organization based in Dallas, visited me to offer support, explaining things we might face during Basil's postoperative recovery. I learned that Mended Hearts offers support to over 200,000 patients every year. Members who have actually experienced various heart procedures themselves offer preand post-procedure counseling for patients and their families and caregivers. Additionally, Mended Hearts donates AED machines to churches that have a minimum of ten ALS- or BLS-certified attending members.

In February, sixteen church members took the CPR certification class with Lieutenant Casey Worsham of the Crossville Fire Department. Ten already certified members filed copies of their certificates with the church. On February 28, our church received a complimentary AED from Chapter 127 President and Vice President, Charles and Laura Jackson. Harold Gibson, Safety

Director for our church, accepted the AED from Mr. Jackson.

We now have a total of 26 ALS-and/or BLS-certified church members who are able to offer lifesaving emergency care while police and fire department responders are called to the scene in the event of an emergency. Normal response time in a 9-1-1 emergency call is five minutes, so having an AED available during this crucial five minutes will allow for lifesaving care to be initiated without delay.

If you are interested in learning more about the Mended Hearts organization, you may go to www.mendedhearts127.org.

-By Becky Bennett





Prayer Meeting - every Wednesday at 6 p.m.





Resurrection Living

As spring approaches (sometime soon, I hope) we're reminded of new life as the trees bud, the flowers bloom, and the planting of gardens begins.

However, it's not just the plant world that relives or resurrects again after winter. Around this Easter/spring season, we too are reminded we can be resurrected spiritually because Christ was resurrected from the grave.

This "resurrection living" is our only hope of living faithful, joyful lives. Without this hope birthed by Christ's resurrection, we are doomed spiritually. Christian living becomes a façade—a masquerade to make us each feel better—but useless. Paul says in 1 Corinthians 15:14, "If Christ is not risen, then our preaching is empty and your faith is also empty."

Who wants to be empty, dry spiritually, living a religious façade or masquerade? No one!

So, take great joy in the fact that we don't have a dead Savior but a resurrected Lord Who gives us His power to live His resurrected life day-to-day in our real world, with its ups and downs, its good times and bad.

"Blessed be the God and Father of our Lord Jesus Christ, Who . . . has begotten us again to a living hope through the resurrection of Jesus Christ . . . for you, who are kept by the power of God through faith" (1 Peter 1:3–5).

Pastor David Sitler



Shaken Together has several hundred pounds of fresh white rice available for sale. If interested, call Jack McNeilus at 931-265-2140.

Meet Deborah (Debby) Winters

Debby feels she has had many wonderful opportunities in life! She has traveled the world, often on mission trips, and has thus also developed a great love for history. She homeschooled each of her 3 children through 10th grade, which is quite an accomplishment!

Hobbies for Debby include cooking, baking, making quilts and Christmas stockings for her 6 grandchildren, collecting old milk bottles and cookie cutters, reading, traveling, and various other crafts.



Here are a couple quotes that have special meaning for Debby:

- "Those who pray can always be assured that God is at work in their particular circumstance—for their eternal benefit" (God's Little Devotional Journal for Women).
- "If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world" (C. S. Lewis).

Since reading is one of her hobbies, she noted a few favorite authors: George R. Knight, E. G. White, David Asscherick, and Ernest Gann. Books and audiotapes in the late 1980s by Graham Maxwell (another favorite author) led to a paradigm shift in her beliefs about the beautiful character of God and the proliferation of "doctrine." Lots of research and time went into pioneering the Pathfinder honor on the Sanctuary in the 1990s, and this remains a major interest, recently further enhanced by watching the 72-part series, "Salvation in Symbols and Signs" (as seen in Revelation) on YouTube, with discussion by James Rafferty and Ivor Myers. Books by George Knight have proven both truthful and insightful about how God can make needed changes in our beloved SDA Church if we will allow Him to do so.

Debby says her professional life has been varied and full. Full of joys and trials and God's leading. After doing temp work across the U.S. for the past several years, she has moved to Crossville "to work until God should again nudge me in a different direction, or retirement."

Newsletter Suggestions Welcome!

If you have ideas or suggestions for our church newsletter, please let us know. We would love to hear from you.

Also, if you have items to include in future FaithTalk issues, please e-mail them to: mamaples424@gmail.com.

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& Faith Lyons



Hannah's Gift

One of the most touching and humbling experiences of my life happened outside the Addis Ababa International SDA Church in Ethiopia.

I had been asked by Pastor Temesgen, the Union President, to join him Sabbath morning in presenting the need of Ethiopia Adventist Press, and the proposed expansion plans. I would show the need with a few pictures, and he would make the appeal.

But Sabbath morning we found an emergency had called Pastor Temesgen out of town during the night. So I did my best without him, and promised

the church that when Pastor Temesgen returned he would work with them to tackle this problem, and that he was counting on them. They were very supportive, but no offering was taken, or any donations offered to me.

After church, having visited quite a while with numerous ones, I was walking toward my nearby guest room when a little hand tugged at my arm. Turning, I saw a little five-year-old girl smiling up at me. Silently she handed me a 50-birr bank note. Her mother, standing behind her, tried to explain: "My daughter Hannah wants to give this to you. After church service she kept pestering me to open my purse. I didn't understand at first, but finally I opened the purse. Inside my purse was a little purse of hers which she had made at school from folded paper, with a string for a shoulder strap. Inside her purse she had just one thing: a 50-birr bill."

"I want to give this to the pastor to help the people at the press," she told her mother. So they followed me, and Hannah handed it to me with a shy smile. That money was all she had in her purse—and she gladly gave all she had.

If you wish to add to Hannah's seed donation, you may give online at http://ethiopia.hereturns.org. You can also see the Ethiopia project Web page under the International menu at HeReturns.org.

~ Russell Thomas

Thoughts From His Word

"And Amaziah said to the man of God, But what shall we do for the hundred talents which I have given to the army of Israel? And the man of God answered, The Lord is able to give thee much more than this.

2 Chronicles 25:9 (KJV)

There are times in life when you must look back on your actions and admit that you made a bad decision. Alternatively, you may deny it, and continue to proudly suffer the consequences. This is what Amaziah faced when he was instructed to cut his losses, though they were very great, and obey the Lord through reversing a recent, big, ostensibly smart decision. Because He loves us, God would prefer that we avoid unnecessary losses. And yet when we do follow foolish inclinations, He remains ready and able to bring us out of the problems we created for ourselves, if we will heed His counsel. This may not be a quick or easy process, but He has promised:

I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, My great army which I sent among you. And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you: And My people shall never be ashamed. Joel 2:25 26

If we have been poor stewards in the past, let us begin now to become the stewards God would like us to be. He can and will bless!

~ Franklin Cobos





